



# Sample Therapeutic Shoe Fitter Exam

Following are sample questions that are similar to those you will find on the therapeutic shoe fitter examination.

1. The distal portion of the fibula is called the:
  - A. Medial malleolus
  - B. Lateral malleolus
  - C. Medial condyle
  - D. Lateral condyle
2. The talocrual joint is the articulation between the distal tibia and fibula and the:
  - A. Talus
  - B. Calcaneus
  - C. Navicular
  - D. 1st metatarsal
3. The small bones in the foot that are embedded within the tendons just behind the great toe are:
  - A. 1st metatarsals
  - B. 5th metatarsals
  - C. Accessory naviculars
  - D. Sesamoids
4. The articulation between the calcaneus and the talus creates the:
  - A. Talocrual joint
  - B. Midtarsal joint
  - C. Subtalar joint
  - D. Proximal interphalangeal joint
5. Which arch in the foot incorporates all five metatarsal bones?
  - A. Medial longitudinal arch
  - B. Lateral arch
  - C. Peroneal arch
  - D. Transverse arch
6. While seeing a patient for follow up, they state that they plan on discontinuing the use of their shoes. Which of the following is the BEST action to take?
  - A. Tell the patient that they must continue to wear the shoes.
  - B. Inform the referring physician about the patient's plans.
  - C. Inform the patient that they must check with their physical therapist before discontinuing use of the shoes.
  - D. Note the patient's statement in the chart and schedule them for another follow up appointment.

7. A patient who only has Medicare funding asks about their financial responsibility related to the provision of new shoes. You should tell them that:
- A. They will be responsible for 20% of the usual and customary charge
  - B. They will be responsible for 80% of the usual and customary charge
  - C. They may be responsible for 20% of the Medicare allowable charge
  - D. They may be responsible for 80% of the Medicare allowable charge
8. The device that can measure the arch length of the foot is the:
- A. Brannock device
  - B. Ritz stick
  - C. M/L gauge
  - D. Vernier caliper
9. Universal precautions refers to:
- A. Understanding all of the safety rules for lab equipment
  - B. Assuring that all floor surfaces are clean and dry in the patient care area
  - C. Avoiding contact with patients' body fluids by means of wearing exam gloves
  - D. Taking precautions to not come into contact with the patients' clothing
10. A patient presents with a prescription for custom molded diabetic shoes. The fitter should:
- A. Refer the patient to a certified pedorthist or orthotist
  - B. Cast the patient for the shoes
  - C. Measure the patient and order shoes
  - D. Tell the patient they need to request a new prescription for non-custom shoes

**Answer Key:**

1. B 2. A 3. D 4. C 5. D 6. B 7. C 8. A 9. C 10. A